


# Youth Futures Utah

## 2025 Annual Report



Dear Friends, Supporters, and Community Partners,

Every young person who walks through our doors is welcomed with a few simple, but powerful gifts:

A **bed**.

A sense of **belonging**.

The possibility of a **better future**.

This is the work of Youth Futures. It's only possible because of you!

In 2025, **your** support made a meaningful and measurable impact. **Together, we provided 10,924 nights of safe shelter and 17,320 warm meals**, while supporting hundreds more through drop-in services, outreach, and aftercare.

Each number represents a young person who found safety, stability, and a path forward.

At the same time, the need is growing. In the first half of 2025 alone, the number of youth we served increased by more than 50%. So many more young people across Utah are facing homelessness, instability, and risk.

There is meaningful progress we can hold onto.

**Today, 82 percent of the youth we serve do not return to homelessness.**

This is what happens when safety is immediate, support is consistent, and someone chooses to show up for these youth.

In response, Youth Futures has identified gaps, and we need to meet this moment. We are looking to expand services, bring new shelter development, and increase transitional living opportunities that extend care beyond a single night.

**Our focus is clear: to meet growing demand with compassion, capacity, and long-term vision.**

As we look ahead, we are guided by a simple commitment:

**Beds. Belonging. Better Futures.**

A bed creates safety.

Belonging builds trust.

Together, they make lasting change possible.

Thank you for being part of this work.

Your compassion is felt in every life touched and every future reclaimed.

With gratitude,

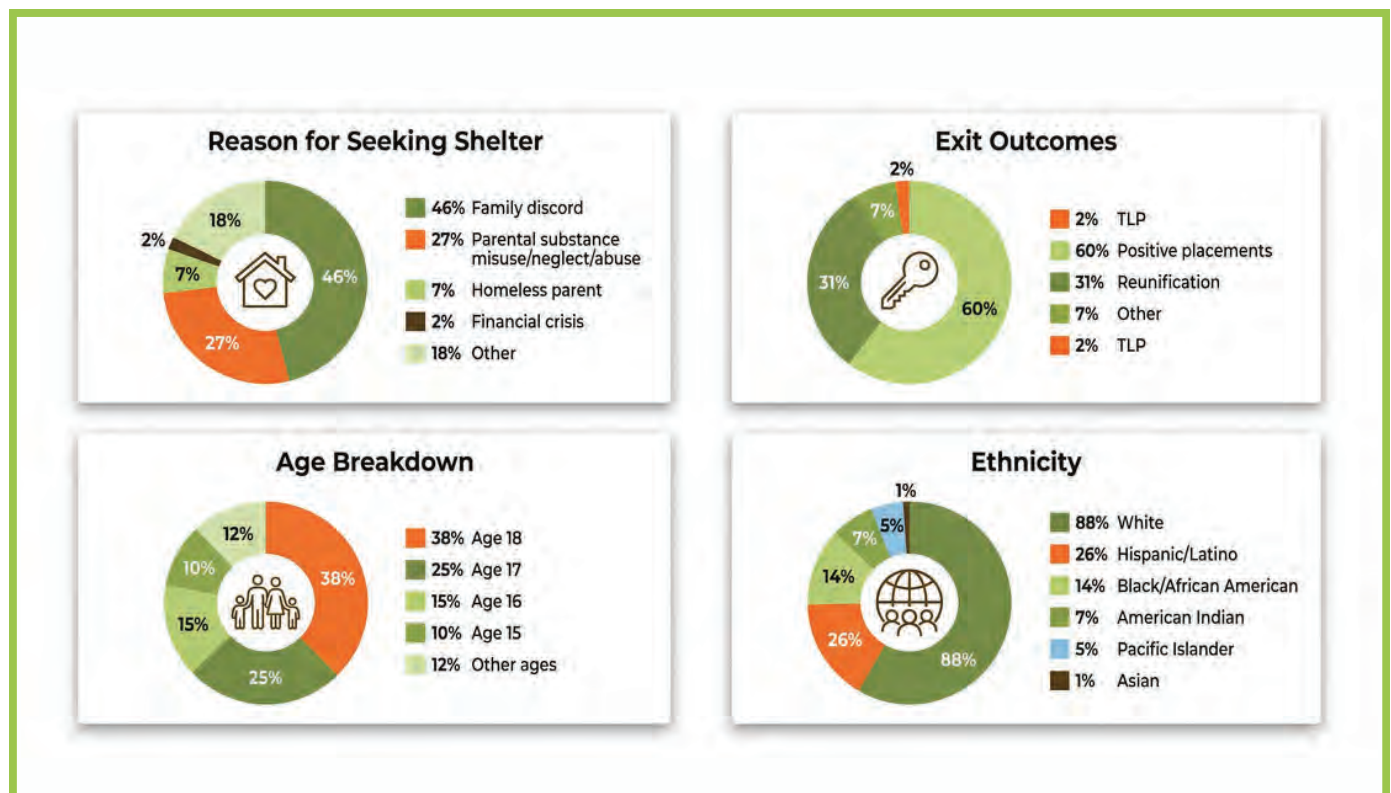
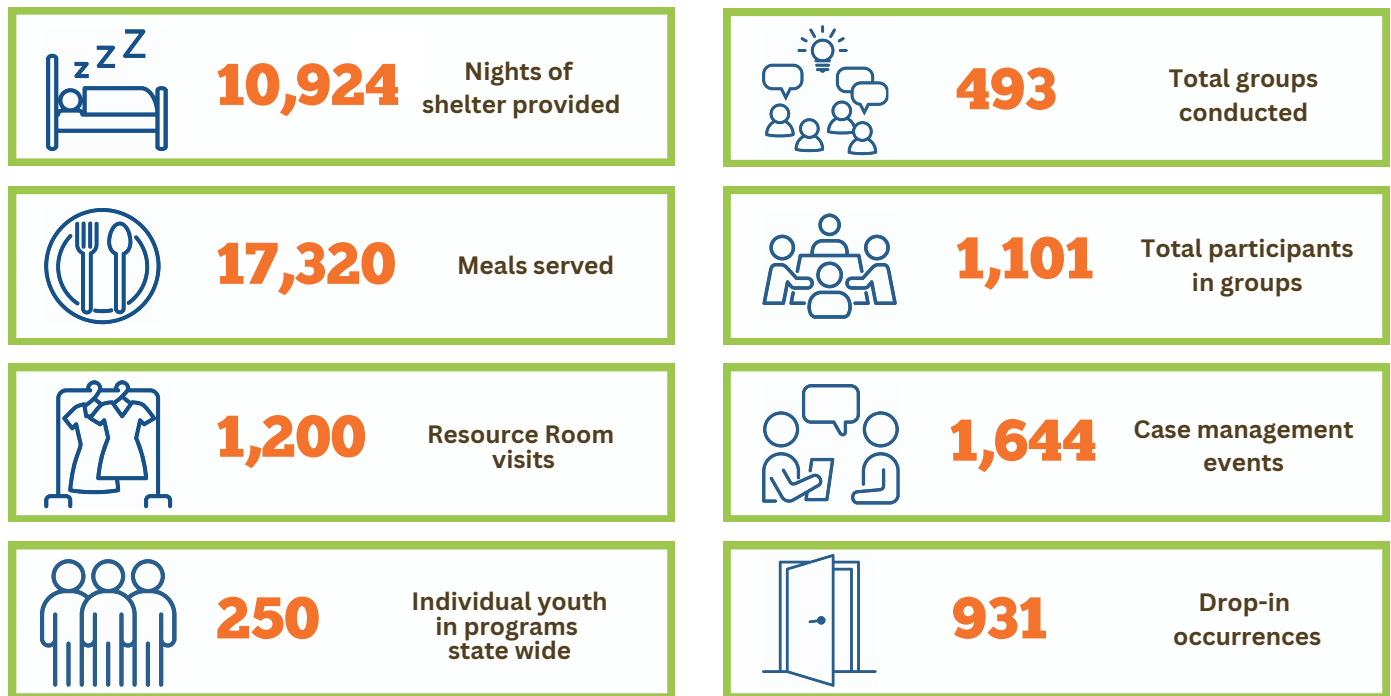
**Kristen Mitchell**  
Executive Director & Founder



# 2025 by the numbers



Each year, we measure our impact in numbers because every statistic represents a young person whose life is changing for the better because of your generosity. In 2025, these numbers tell the story of beds offered in moments of crisis, belonging built through care and trust, and better futures made possible through consistent support.



# Media & Community



## 2025 in the news: A year in review

In 2025, Youth Futures did more than serve youth in crisis. We helped shape how communities across Utah understand youth homelessness, and what it takes to address it. Through consistent media coverage, Youth Futures emerged as a trusted voice in a growing statewide conversation.



***"We're not just providing a place to sleep, but meals, case management, and helping them get back on their feet – reunified with family if that's possible," said Kristen Mitchell, founder and executive director of Youth Futures.***

Nonprofits struggle as federal shutdown stalls funding  
By Mike Anderson, KSLTV.com | Oct 20, 2025, 6:26 PM

Stories throughout the year highlighted not only the opportunities provided for youth: shelter, meals, counseling, and transitional support, but the deeper reality facing young people across Utah. Homelessness is often hidden, complex, and closer to home than many realize.

***"Youth Futures has taught me that you can come from a 'bad' background and still turn out good. There are so many resources here and so many kids that could use it," Sandifer said. "Everybody should know about it because it is there to help you. It's not going anywhere."***


Young woman finds new life through Youth Futures in Utah  
By Brynn Carnesecca, KSL.com | Posted - July 6, 2025 at 9:07 p.m.



Coverage brought visibility to both the urgency and the progress.

Local and regional outlets told the stories of youth finding safety and stability, while also elevating the broader challenges: rising housing costs, funding uncertainty, and increased demand for services.



 (801) 528-1214

 info@yfut.org

 Facebook.com/YouthFuturesUT

 Instagram.com/YouthFuturesUT



# Media & Community



Importantly, media coverage reinforced what makes Youth Futures effective: meeting youth where they are, providing comprehensive support, and helping break the cycle of homelessness through consistent care.



***"Statistics show that kids are four times more likely to become homeless adults if they become homeless as a kid. If we can intervene early and help these kids build the life skills and resiliency that they need, they will be more likely to be successful and stay out of homelessness," Mitchell explained.***

Youth Futures supports at-risk and homeless Utah children  
By [Brynn Carnesecca, KSL.com](#) | Posted - May 28, 2025 at 8:22 a.m.

Moments like the annual Utah SleepOut events extended that visibility even further, inviting the community into the experience and turning awareness into action.

***Mitchell said they estimate 7,000 kids experience homelessness at least one night a year. "They tend to stay very hidden; they're not going to be out and proud on the streets because they don't want to get criminalized, so it's really important that we make sure that we are recognizing that they're out there," she said.***




This Ogden organization stays out all night to raise awareness about teen homelessness

By: [Caroleina Hassett](#) Posted 10:49 PM, Nov 08, 2025

Across each story, a consistent message emerged:  
**Youth homelessness is real.  
It is growing.  
And it is solvable when we all come together.**



 (801) 528-1214

 [info@yfut.org](mailto:info@yfut.org)

 [Facebook.com/YouthFuturesUT](https://www.facebook.com/YouthFuturesUT)

 [Instagram.com/YouthFuturesUT](https://www.instagram.com/YouthFuturesUT)



venmo

# UTSleepOut 2025



## In Ogden and St. George: Our Annual Fundraiser for Homeless Youth



### Our Community Showed Up in Force

UTSleepOut 2025 brought record attendance in Ogden and a deeply meaningful evening in St. George—where supporters gathered, even in the rain, to stand in solidarity with youth experiencing homelessness.

### Two Nights That Matter Most

Held in both Ogden and St. George, the UTSleepOut continues to be more than a fundraiser. It is an experience.

In Ogden, a record number of participants came together, filling the space with energy, compassion, and a shared commitment to understanding what too many young people face each night.

In St. George, despite rainy weather, the community showed up with the same determination. The conditions only deepened the experience, offering a small but meaningful glimpse into the uncertainty many youth live with every day.

Across both events, powerful stories from former shelter residents reminded us why this work matters: bringing connection, perspective, and purpose to every moment.




### Gathering for Impact

UTSleepOut is a reflection of something bigger than a single night. It represents individuals, businesses, and volunteers willing to learn, to engage, and to take action.

Because of them, Youth Futures continues to:

- Provide safe shelter and immediate support for youth in crisis
- Expand access to mental health care and life-skills development
- Help young people build stability, confidence, and a path forward



 (801) 528-1214

 info@yfut.org

 Facebook.com/YouthFuturesUT

 Instagram.com/YouthFuturesUT





# Our work in 2026

We know healing doesn't happen in isolation.

The kindness of our friends, supporters, corporate sponsors, and community partners allows us to continue our mission. Each act of support gives young people the chance to stabilize and restore hope for the future – all thanks to the safety, shelter, and belonging found in our Youth Futures homes across Utah.

**There are many ways to be part of this work.**

You can give once.

You can give monthly, creating steady support that youth can rely on.

You can customize a corporate sponsorship,  
helping expand our reach and impact across Utah.

You can share our story on social media to advocate for awareness.


**Every action matters. Every commitment builds stability.**

**And every step forward helps create beds, belonging, and better futures.**

**We invite you to join our family.**

**Beds.  
Belonging.  
Better Futures.**



 (801) 528-1214

 info@yfut.org

 Facebook.com/YouthFuturesUT

 Instagram.com/YouthFuturesUT

