

How Can You Help?

Generous donations and in-kind contributions sustain our programs and the wrap-around services we provide to youth. You can help in a number of ways:

- Give a cash contribution online at YouthFuturesUtah.org, through a workplace giving campaign or mail/deliver to one of our locations
- Drop off in-kind donations of clothing, food, household items or gift cards
- Sign up for a customer giving program and choose Youth Futures as your nonprofit beneficiary
- Plan a service project or third-party event
- Volunteer at shelter or an event

YOUTH FUTURES UT SleepOut

Every November, we raise awareness about homeless youth by "sleeping out" one night under the stars in average temperatures of 40 degrees Fahrenheit. This is a chance to raise funds for an important cause while being subjected to the adverse weather conditions often experienced by homeless youth.



Mission

Youth Futures provides safe shelter, collaborative resources, respectful guidance and diverse support to homeless, unaccompanied, runaway and at-risk youth in Utah.

Locations & Hours of Operations

OGDEN ~ 2760 Adams Avenue

ST. GEORGE ~ 340 East Tabernacle Street

CEDAR CITY ~ 133 South 100 West

Shelter: 24 hours per day, 7 days per week

Drop-In: 6a to 8p, 7 days per week

CEDAR CITY ~ 140 South 100 West

Transitional Living Program for young adults
ages 16-22.

Contact Us!

Web: YouthFuturesUtah.org

Email: info@yfut.org

Phone: 801.528.1214

Text: 385.405.9460

Social Media:

@YouthFuturesUT



YOUTH FUTURES

Utah's home
for vulnerable and
homeless youth



*Do you need a
safe place to
sleep tonight?*



The Need for RHY Services

Runaway and homeless youth (RHY) face devastating harms and barriers in life, all of which hinder their ability to re-assimilate into society, depress their motivation, and inhibit their becoming independent, successful and contributing members of their families and communities. National studies report that:

- 1 in 30 youth ages 13 to 17 will experience some form of homelessness over the course of a year, with over half facing it for the first time
- 73% experienced a homeless episode lasting more than a month
- 29% reported having substance misuse problems; 69% reported mental health problems; and 47% reported being physically harmed while homeless
- More than 1 in 3 RHY engage in survival sex: 82% trade sex for money, 48% trade for food or a place to stay and 22% trade for drugs
- 32% have attempted suicide
- Rates of major depression, conduct disorder and post-traumatic stress disorder are 3X higher among RHY
- 46% of LGBTQ youth run away because of family rejection of sexual orientation or gender identity

Programs and Services

Youth Futures creates a world where unaccompanied youth (ages 12-18) and transition-aged youth (ages 16-22) can access a safe and affirming place to call home in times of crisis. Youth are guided and encouraged in a loving, supportive and productive way to connect them with resources and help them build the skills needed to create their own personal path toward a healthy future.

Stabilization & Crisis Support

Often, when we meet youth they are already in crisis, so we focus on making them feel safe, while meeting their immediate needs including:

- Emergency overnight shelter
- Drop-in services available daily
- Street outreach conducted weekly to areas where youth congregate
- Basic needs such as food, water, hygiene
- Resource room access for clothing, shoes, blankets, survival gear, etc.
- Transportation
- 24/7 crisis support (phone or social media)

Community Outreach

Outreach to the community at large through:

- Social networking such as Facebook, Instagram, #YouthFuturesUT
- National Safe Place Network member
- Information booths at community events
- Presentations to child welfare case managers, homeless service providers, school administrators and community service organizations
- Media stories and feature articles

Intervention & Aftercare

Programs follow a youth-centered model that encourages family reunification and permanent self-sufficiency.

- Temporary residential overnight shelter
- Transitional living program for 15-24 months
- Suicide and healthcare assessments
- Comprehensive case management
- Individual, group and family therapy provided from licensed professionals
- Life skills classes: basic hygiene, chores, meal preparation, financial literacy, healthy living and relationships etc.
- Connections to community resources (healthcare, employment and housing)
- Follow-up case management and ongoing drop-in services provided to former residents

